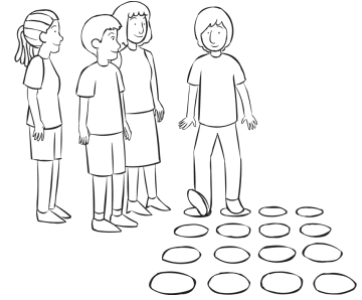


## The Maze



1. Place a series of gym-spots or carpet tiles on the floor arranged in several rows and columns.
2. Starting at one end of the spots, instruct your group to navigate their way through the maze – one step at a time – to identify the secret pathway.
3. Announce that the path will not travel in a straight line, it will never cross itself, and will not use any spot twice.
4. Only one person is permitted inside the maze at any point in time.
5. When a spot is stepped on with two feet, you (as instructor) will indicate if it is part of the secret pathway or not.
6. Apply an appropriate penalty for each step made in error.
7. Challenge your group to identify the secret pathway in as few errors/steps as possible.

**playmeo**