

## Samurai



1. Form a large circle, with you standing in the centre.
2. Introduce yourself as the Master Samurai, brandishing your sword (pool noodle.)
3. Announce that your objective is to eliminate everyone in the circle, while your group's task is to stay in the game as long as possible.
4. Explain that when you swish your sword very high (head-height,) those in front of its arc (parallel to ground) should bend down immediately.
5. When you swish your sword very low (knee-height,) those in front of its arc (parallel to ground) should jump off the ground immediately.
6. If a member of the circle does not react quickly enough, they are eliminated and will be invited to sit down where they stood.
7. The Samurai will continue to swish their sword over the course of a minute or two, aiming to eliminate as many if not all of the group.
8. When one last person remains, they are invited to become the next Samurai.
9. Everyone returns to standing in the circle, and the next round commences.
10. Play several rounds, involving multiple Samurais, over 10 to 15 minutes, or try a variation.