

PASS THE MOVEMENTS

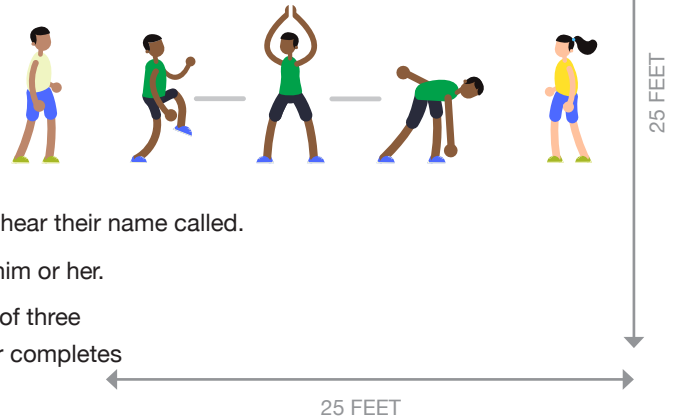
EQUIPMENT: NONE

NUMBER OF PLAYERS: 10+

TIME: 10 MINUTES +

EXPLAIN

- 1 Players line up behind the game leader, standing 6 feet apart from one another.
- 2 Players close their eyes. They can only open their eyes when they hear their name called.
- 3 The leader turns around and says the name of the person behind him or her.
 Once the player's eyes are open, the leader silently does a series of three movements that the player will need to memorize. After the leader completes the movements, he or she will turn around and face forward.
- 4 That player will turn to the person behind him or her and say that person's name.
 After the person's eyes are open, the first person will silently do the same series of three movements, and then turn and face forward.
- 5 Try and pass the motions from beginning to end without making a mistake, or else everyone does 10 jumping jacks!



- ✓ **For Understanding:**
- *When do players open their eyes?*
 - *What do you do after a player passes the motions?*