

Chicken Eyes



1. Form a circle, standing 2m away from one another.
2. By way of demonstration, ask your group to form a set of 'chicken-eyes' using both hands, eg make two circles with each index finger and thumb, fanning all other fingers, and then place the circles over your eyes.
3. To start, pull one hand up to form one chicken-eye and place it over your corresponding eye, ie right hand forms circle over right eye.
4. Whichever hand is used (eye is covered) will indicate the direction of the initial impulse, eg if you place chicken-eye over right eye, your right-hand side neighbour receives the impulse.
5. Practice passing the impulse around the circle, in both directions, for a few moments.
6. When ready, explain that the impulse may now be passed, at any time, in one of three ways to elicit a particular response, for example:
 - Same direction: place chicken-eye over same eye as your neighbour;
 - Reverse direction: place chicken-eye over different eye to your neighbour, eg if impulse was running to the right, use left hand over left eye to reverse direction; and
 - Same direction and skip the next person (ie your neighbour:) use both hands to form two chicken-eyes.